



WE'LL RIPPLE YOUR BODY WITH MUSCLES and LOAD T.N.T IN YOUR FISTS



HIGH SCHOOL STAR-Mourice Nackley of Miami Beach shows Dad powerful muscles developed by the Champions.

> You can Broaden your Shoulders and Add Solid New Muscles ... AS WE DID!



STATE TROOPER - George Sheridan of Springfield learned Self Defense from the Champs when 16 years old.

POPULAR LEADER-Robert Colville of Jersey City credits the Champions with his new popularity.

"Yes . . . we Champions can build you a new, power-packed rippling-muscled body. Our training secrets have worked wonders for thousands of other fellows . . . and we can do the same for you.

If you're weak or skinny, Mickey Mantle will build your bodyturn flabby muscles into steel . . . FAST. If you want speed and stamina. Bob Cousy can make you fast ... LOTS OF FUN.

No matter what your size, shape or condition, we have proved we can help you. It's simple. It's easy Find out how NSC's Stars make you a real man in just 15 minutes of fun a day . . . at home!

Extra! I'll send you my "Fight Secrets" for only 10c-if you'll write today. So . . . send me the coupon below right away!"

Sincerely, Joe Louis



Always Being

Picked On?

Then do as Joe

and his Staff tell

LET 20 GREAT STARS GIVE YOU POWER...SKILL...CONFIDENCE

Famous Sport Stars are waiting to train you in 15 exciting minutes a day. Ted Kluszewski explains his Conditioning secrets . . . Yogi Berra builds up your confidence . . . Kid Gavilan teaches you self-defense. You'll be the envy of your friends when you are "in the know" on the Champions' training routines for Baseball . . . Football . . . Boxing . . . Basketball . . . and other Sports.



THIS ADVERTISEMENT IS SPONSORED BY

THE NATIONAL SPORTS COUNCI 33 West 46th Street, New York 36, New York Dept. AL-47

33 West 46th Street, New Yor	IN 30, II. 1.
Dear Joe:	
explanation of how Th	ely FREE a full and complete he National Sports Council
can build me the right	kind of body
☐ Enclosed is 10c. Include	e your famous Fight Secrets
NAME	AGI
ADDRESS	

MAIL COUPON

ROMANTIC SECRETS

Volume 1, Number 12

SEPTEMBER, 1937

Published bimonthly by Charlton Comics Group, Executive offices and office of publication, Charlton Building, Perby, Conn. Second Class Mailing privileges authorized at the Post Office at Derby, Conn. Price per copy 10c. Subscription 12 issues \$1.20. Copyright 1957 by Charlton Comics Group, AI Fasso, Executive Edition (Printed in U.S.A.)

APPROVED
BY THE
COMICS
CODE
AUTHORITY

ROMANTIC SECRETS

THIS SEAL OF APPROVAL APPEARS ONLY ON COMIC MAGAZINES WHICH HAVE BEEN CABEPULLY REVIEWED, PRIOR TO PUBLICATION, BY THE COMICS, CODE AUTHORITY, AND FOUND TO HAVE MET THE HIGH STANDARDS OF MORALITY AND GOOD TASTE REQUIRED BY THE CODE. THE CODE AUTHORITY OPERATES APART FROM ANY INDIVIDUAL PUBLISHER AND EXERCISES INDEPENDENT JUDGMENT WITH RESPECT TO CODE-COMPILANCE. A COMIC MAGAZINE BEARING ITS SEAL IS YOUR ASSURANCE OF GOOD REQUINED.

Love 5 DOMED

COULD SEE KURT'S LOVE FOR ME IN HIS EYES WHEN THEY MET MINE ... BUT HE NEVER MEN-TIONED IT, NEVER SAID THE WORDS MY HEART LONGED TO HEAR!





















MY JOB AT THE NUCLEAR FISSION PLANT MADE IT POSSIBLE FOR ME TO SEE DOCTOR THE

DOCTOR WHO'D TREATED DOCTOR ANSON AND KURT...



YOU MUST NO, MISS CHARLES, I CHARLES, I CAN'T THEM WORK IS TOO DUTY. IMPORTANT.

THE TYPE OF RADIATION THEY ENCOUNTER IS EITHER FATAL OR COMPLETELY HARMLESS! EVEN DR. ANSON MIGHT BE ALL RIGHT IF THEY STOPPED NOW!



I BROKE EVERY SECURITY RULE THEY HAD
GETTING TO DC: ANSON'S LAB / NEITHER
THE DOCTOR OR KURT HEARD ME ENTER...

LOOK: KURT, WE HAVE SUCCEEDED! AREN'T
TAKE NOTES - WE SHALL SOON
BE FINISHED!

DR. ANSON?
DON'T YOU
WANT TO
LIVE?





AMAZING PRECISION MINIATURE SECRET CAMERA

Takes secret pictures! Easily carried in the palm of your hand only 2 ONLY







A precision built camera that is so amazingly small it is less than 1/2 the size of a regular pack of cigarettes and can be taken everywhere you go. It weighs only 21/2 ounces and is solid all metal construction with chrome trim. It's got a professional eye level view finder and a single action 1/25th second and time exposure shutter with a precision ground lens that assures you a clear, sharp instantaneous picture. It takes ten pictures per roll on low cost film (standard 16 MM). Makes for beautiful enlargements. So compact and precision made, it can be hidden anywhere and takes true-to-life "spy" pictures that should really provide you with loads of fun and interest. Only \$1.98 complete with a free roll of film. Don't delay! Order now.

10 DAY FREE TRIAL

We know you'll have so much fun and excitement with your Secret 10 Days Free Trial. Use it and if you're not 100% delighted with its performance, return to us and

MONEY BACK GUARANTEE Dept.CA-II

HONOR HOUSE PRODUCTS COME Lynbrook, N. Y. St. Wilburn St. Rush my Secret Camera and free roll of film for \$1.78 at once. If I am not 100% delighted I may return it after 10 Days Free Trial for prompt refund of the full

I enclose payment. Same Money Back Guarantee Send C.O.D I will pay postman on delivery plus cents postage,

FREE ELIZABETH II COLONIES **STAMPS** and other big offers!



generous collection FREE — scarce, beautiful stamps from many of the most interesting, far-flung British Colonies all over the world. Aden, Fiji BIG OFFERS FREE Islands, North Borneo, Cyprus, Singapore, Bermuda, many more. All different, all genuine. GARCELON STAMP CO., Dept. CC4K. Calais, Maine Rush FREE Colonies Stamps, \$50,000 Stamp Souvenir, Collector's other offers. Enclosed 10¢ for postage, handling. (PLEASE PRINT) PLUS - FREE copy of helpful "Stamp Collector's Guide". That's not all! Also FREE, color repro-duction and fascinating story of a 1¢ stamp worth

\$50,000. Other valuable offers included for your free inspection. Offer may be withdrawn soon so rush coupon today. If coupon is clipped, end 10¢ for postage and handling to GARCELON STAMP CO., Dept. CO4K, Calais, Maine. ADDRESS

RUSH TODAY! LIMITED OFFER!







WHAT COULD WE DO ? WE'D HAVE TO START OVER , I'LL FINISH WITH YOU, DOCTOR -- HO MATTER HOW MUCH I LOVE



SUDDENLY I COULDN'T BEAR STANDING THERE WATCHING THEM ... TWO MEN WILLING TO GIVE THEIR LIVES FOR OTHERS THEY 'D NEVER KNOW...

































THE Challenge

WHEN DELEDSON AND I BECAME PARTNERS IN OUR SMALL PHOTOGRAPHY STUDIO, I TOLD MY-BELF IT WAS STRICTLY A BUSINESS RELATIONSHIP! I HAD TO REGARD IT THAT WAY... I WAS PLAIN AND TOLD MYSELF I WAS HAPPY THAT WAY. BUT LOVE DOESN'T LISTEN TO LOGIC AND IT WASN'T LONG BEFORE MY HEART WAS RUNNING MY HEAD.













I WAS BLAZING MAD WHEN I SLAMMED OUT OF THE STUDIO! I WAS WALKING ANMESSIY WHEN I FOUND MYSELF OUT-SIDE ELIZA ADEN'S FAMOUS BEAUTY SALON.... SHOULD T











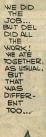
A MOMENT LATER, WITH LIPSTICK APPLIED, AND THE NEW
HARDO COMBED OUT, THE
HEN EDNA BARRAT SAW HERSELF FOR THE FIRST TIME...
WELL, I'LL BE... I'M NOT SICH
A BATTLE AXE AFTER ALL!
WALT TILL DEL EDSON
SEES ME NOW.

















IT WAS
INDETENDED TO SPECIAL SECTION OF SPECIAL SECTION OF SECTION





























DEL AND I LOST NO TIME; WE GOT A E UCENSE AND WE WERE MARRIED AS SOON AS THE LAW PERMITTED...



DEL WAS SO SWEET! I SMILE! I SMILE! LOOKED LIKE BAG RAG BAG BBUT HE OBVIOUSLY KISSED ME BEFORE I TO OUE TO SHITES FOR DILLIER ...









TOKEN of Love

AS CASH TURNER'S HARSH VOICE POUNDED INSISTENTLY AT ME, DEMANDING THAT I MARRY HIM, I LISTENED INVARDLY TO WILL HOLLAND'S DEEP, TENDER WORDS," "I LOVE YOU," TESS, AND I'LL COME BACK FOR YOU," WAIT FOR ME," HE TOLD ME, THAT DAY BE-FORE HE LEFT FOR THE SERVICE...



HOW COULD I MARRY ANYONE BUT WILL, REMEMBERING THE DAY WE'D SWORN OUR LOVE FOR EACH OTHER...





BROTHER SPIKE SPIKE SPIKE SPIKE SPIKE SPIKE THAN HE SIGHT THE SIGH









SPLIT OAK...











MY DESPAIR ALMOST FORCED ME TO GIVE

VOICE AGAIN...



MAS GONE

SO LONG,
TESS.-BUT

HOLLAND

ME AN HER

BROTHER

YOU MUST'VE

BURNED

THE LOVE

NOTES,

NOTE

I WAS FURIOUS WHEN I HEARD THAT... AND WILL WAS WORSE.

I FIGURED IT

WAS SOMETHING
LIKE THAT.





A DANGEROUS JOB

"Your references are excellent," admitted Mrs. Rosalie Fabry, head of the Fabry Employment Service. "You have had only one year's experience doing office work. The position I have in mind for you pays a very high salary. You will start at seventy dollars a week. Take dictation, type the necessary letters, and take care of phone calls. During the busy season you will be expected to work overtime. For this you will receive time and a half. Which reminds me. Do you have a boy friend?"

Emma Webber was conscious at that moment that her face was beginning to turn color. Not the kind of a question one should pop at a young girl just turned nineteen. She pushed her black hair to the left side of her head be-

fore replying.

"Must admit I haven't. Guess I have been too busy taking care of mother and the house and working at the same time. Is it some kind of a crime for a girl of my age not to have a boy friend?"

Mrs. Rosalie Fabry smiled which at once put

Emma Webber at ease.

"When a girl is asked to work overtime," she explained, "then a boy friend is sort of a nuisance. She will tell her boss that she has made a date and can't break it. No crime not to have a boy friend just yet. Take your time, my dear. I met my future husband when I was twenty-seven. Yet I think it only fair to warn you about one disadvantage concerning your ob with the Gregory Enterprises.'

At the given moment, Emma Webber didn't care about any disadvantages. She knew that you might have to spend an hour and a half going to work; meet disagreeable people; or wait a long time for a promotion. And sometimes the work could be very taxing on one's

"Warn me and I will still take the job," she

"The late Mr. Gregory was fired when he was

rifty. People told him he was too old to work, but this didn't make him bitter. Instead he borrowed money and opened his own business. When he was seventy he had made millions. He left a provision in his will that only men over fifty should be employed in his business which is managed by a board of trustees. He wanted to give the older man a chance in life. So you won't meet any eligible young men there. In fact you will be the only female in the entire office. Seems he didn't mention the age limit on a girl to be employed. You report to work at nine tomorrow. Here is your slip. We get one week's wage as our legal fee. This you can pay us in five installments if you so desire."

Emma Webber returned home and told her mother about the job. She could take the bus on the corner and travelling time would normally not exceed thirty minutes each day. When she reported for work the next morning, a Mr.

Thomas Jefferson greeted her.

'The work is not difficult," he explained to her. "Of course you know we are old people here. So just be a bit patient with all of us. We are never in a hurry. We won't rush you and

you just don't rush us."

At the end of two weeks, Emma Webber knew all the old men in the office. She found the work easy. There was a coffee break in the afternoon, and at four-thirty the office closed. But one thing she realized. Romance with a capital R would not be found in the office. She was thinking of joining the large skating club when IT happened. Her desk was facing the large window on the side of the building. The offices of the Gregory Enterprises were on the twenty-eighth floor of the Mercantile Building. Her eyes lifted themselves from the desk level to the window level. And outside the window she saw a body swinging. A human body going back and forth! For a moment she was rooted with fear to her chair. Then quickly she realized what must have happened. The strap to the safety belt of the window washer must have snapped and he was trying to get back into position. The other half of the safety belt was still attached to the side of the window.

She rushed over to the window and opened it. Then she grabbed the man's hand and helped him balance himself. He placed his two feet on the window ledge and released the snap on the half of the safety belt that still was secure. Then he entered the office. Emma guided him over to a chair. He sat down and didn't speak for a few minutes.

"That was a close one," he admitted. "Thanks to you I made it. I think the other half of my

safety belt was about to give way."

The door to her office opened and Mr. Thomas Jefferson entered. He had seen the

event from his office.

"That certainly was snatching a young man from falling down," he praised Emma Webber. "I always knew being a window washer in an office building was a dangerous occupation. I assume you want to go home, young man."

"Wrong guess," was the reply. "If I quit now, then I would never be able to go out on a ledge and wash a window the rest of my life. I'll get another belt and finish work."

This he did but he introduced himself to Emma Webber and came right to the point.

"The name is Ben Sank. You must have dinner with me, and then tickets to the best show in town. Don't say no. That's the least I can do for the girl who saved my life. Give me your address and I'll pick you up at about six-thirty."

When Emma came home from work she told her mother about what had happened. And to the second the bell rang and Ben Sank presented himself with two packages. A dozen American roses in the right hand. A big box of candy in the left hand.

"For saving my life," he grinned.

"I think you would have reached the ledge without my help," she half contradicted him. "But who knows? It's a nice feeling to know you rescued somebody from the jaws of Death."

They dined in an Armenian restaurant on the side street off the theatrical district. Then they saw the latest musical comedy. She knew he must have paid a lot of money for those two tickets. You couldn't get them at the box office. When he brought her home he gave her an order.

"I want to take you out this Saturday. We can make it a picnic. I won't take no for an answer."

"You potential dictator," she snapped back.

"I'll say yes."

The weather man was gloomy. He predicted lots of clouds and intermittent rain all day long. However the Sun didn't pay any attention what soever to the weather report. He realized that two young people had planned on a nice plea-

sant day. They drove out to Woodside Park. Ben bought a bag of charcoal and they broiled hamburgers and hot dogs for lunch. Ben had a bit of trouble starting the fire. A ten year old kid gave him some advice.

"You save your old milk cartons, mister. Then cut them down the side. Place the charcoal in them. Then start your fire. I'll get you

some extras we have from my pop."
"Smart kids they have these days," conceded
Ben. "We have to save the milk cartons for our

next picnic.

When he brought her home that night he took her in his arms and kissed her. She found she had no objection to make so she did the sensible thing. She returned his kiss, and the next one also.

"Suppose we keep on seeing each other and

make it steady," he told her.

They went out for the next month and the month after that. She learned that he had a half interest with his dad in the window washing business. His father was a widower and her mother was a widow. Shows you that Romance can happen at any age. Her mother met Ben's father and soon they went out together.

It was on a Thursday that she called Ben and his father gave her the message: "Out of Town!"

She didn't hear from him for the next two weeks and was worried. Was this the end? She found herself restless and fretful. Then on a Thursday afternoon he rushed right into her office.

"Get your hat and coat and come with me. I have something to show you. Mr. Jefferson

said it was o.k. for you to leave."

He drove her out to Hillside, a new suburban development. They stopped in front of a beautiful ranch house. They walked in rogether.

"I bought this for us," he told her. "We get married next week and move right in. You can take care of the furniture and everything else. I have a big cneck for you. Also the house is all ours. No mortgage. Paid for it in cash."

"How?" she wanted to know with her natural

feminine curiosity.

"I almost slipped off that ledge for real," he admitted. "Something was wrong. I needed a special kind of gripping safety shoe. So I designed one. Took it to the Maxwell Shoe Company in Boston. They bought the idea from me. Cash and a royalty."

She was in his arms for fifteen minutes before

she spoke.

"I want to wash our windows when we are

married."

"We have self washing windows," he told her. "They can be reversed. And like the automobile windshield, a stream of water does the cleaning. Also one of my ideas."



- Automatic firing BB Machine Gun
 - with swivel base Complete 21-piece
 - task force selected of:
- a infantrymen
- e tanks
- qunners
- cruisers
- battleships
- iet planes
- bombers
- riflemen
- space ships
- · full supply of BBs

10 DAY FREE TRIAL

we're so sure that you will be delighted, that we offer a full 10 day Free Trial. If you are not 100% satisfied simply return for full refund. You risk nothing. We know you're going to be delighted so we make this amazing offer

This is the newest, most sensational action toy out, and

LOOK AT THESE SENSATIONAL FEATURES:

- Complete Task Force and Space Ship Armada Automatic Firing BB Machine Gun mowing down
 - All scale-model replicas of the real thing.
 - Makes your friends toys outdated.

At Your Command

Now you can be Commander-In-Chief of this comprete task force. You can deploy your troops, navy and air force for artack or defense and every pitched bettle is won, as your perfect plastic model of an actual machine you goes into devestating action blasting your target in a hall of fost firing automatic repeating pellets. Simply pour in the B8s and then fire away. It's operated by a crank and sets up in a liffy. The swivel boss turns in a full circle assuring complete coverage and range, and it's removable so that you can carry your open and range, and it's removable so that you can carry your becking dailys, data it removable to may you can carry your concerns you can be a second to the control of the

MONEY BACK GUARANTEE

Dept.BB-7 Honor House Products

Lynbrook, N. Y.

Lynbrook, N. 1.
Rush my Automatic Firing BB Machine Gun and Complete
Task Force Armada on 10 day Free Trial. If 1 am not completely satisfied, 1 may return it for prompt refund of full

purchase price.

☐ I enclose \$1,00 + 25c shipping charges. Same money

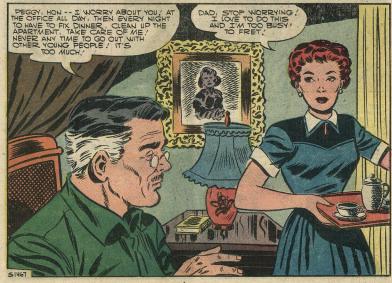
back guarantee

Send C.O.D. I will pay postman on delivery plus a few cents postage.

ADDRESS

Love me, Love my life

RESPONSIBILITIES PROVIDE GOOD TRAINING FOR GIRLS WHO WANT TO MARRY AND RAISE FAMILIES OF THEIR OWN ! BUT SOMETIMES, THEY REPRESENT A HEAVIER BURDEN THAN SEEMS FAIR! ESPECIALLY WHEN THE CARE OF AN INVALID FATHER MAKES IT IMPOSSIBLE TO GO OUT WITH THE MAN YOU LOVE!



YES, I LOVED TAKING CARE OF DAD, BUT ...



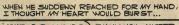


I LOVED
THE OFFICE
TOO, SE
ECAUSE
MY BOSS,
ROY FRANKLIN,
VAS MY
IDEA OF A
WONDER FUL
CATCH,

FUL CATCH, BRILLIANT, CHARMING, SUCCESS-FUL AND UNATTACHED...





















































Social Secretary

YOUNG KELLY LONG WAS THE ANSWER TO MY MAIDEN'S PRAYER ... OR SO I THOUGHT BEFORE I GOT TO KNOW HIM BETTER! THEN HE WAS A VISE AROUND MY HEART ... A SMILE OR A FROWN WAS ENOUGH TO BRIGHTEN OR RUIN MY DAY! BUT I TRIED NOT TO LET KELLY KNOW THAT!



FROM MY NEW DUTIES,

I KYEACTLY
EXACTLY
EXACTLY
WHAT
KELLY
SO
ALLE
TIME
TIME
TIME
TO
ALLE
TIME
TA
SE
TA
WE
TA
W

OH THE PERSONAL SIDE...



KELLY SELDOM CAME TO THE OFFICE...
BUT EVERYONE WHO WORKED THERE
FELT HIS VITALITY AND DRIVE EVEN
WHEN HIS VISITS WERE BRIEF...

WELL, DAD, WE CLEARED A NICE PROPIT ON UTILITIES, WANNE, TELL THE ACCOUNTAINT TO MAKE UP THE CHECKS WITH TWO WEEKS, PAY FOR EACH YES, VEEK!





AT THE OFFICE NEXT MORNING, MR. LONG SENT

FOR ME ...









IF YOU KNOW ANYONE

HOLDING ANY INTER NATIONAL PLATE STOCK, TELL

STOCK, TELL THEM TO SELL



BREAK-FAST ...

> LEARNED THAT KELLY KNEW MORE ABOUT THE STOCK MARKET AND THE BUSINESS

'EM FAST! THEY 'RE GO-ING UNDER! THAN ANY-ONE ELSE ...



















I INVITED DIANE







HUSH





She Once Had HEAVY LEGS!

Now Has Slender Hips, Thighs, Knees, Calves and Ankles!



"As You Can See. There is a Decided Difference ... I Can't Thank You Enough" -writes Miss B. S. Flushing, N.Y.

The most encouraging news for women with fat, flabby legs has just been revealed by Henry Milchstin, Ph.T. If your heavy legs are due to normal causes and you haven't any disease or pathological condition, you should try to attain the slender, alluming legs you've always wanted. This well-known physiotherapast, who will be slender, alluming legs you've always wanted. This well-known physiotherapast, who will be slender, always stated a state of the slender of the sle

ORDINARY METHODS FOUND TO HELP LITTLE IN SLENDERIZING HEAVY LEGS Many women engaged in improper strenuous exercises and calisthenics used up a lot of time and energy but it did next to nothing for concentrating on trimming down

neary legs.

Other women actually tried reducing diets alone to slenderize heavy legs. Since a weight reducing diet cannot be made to take weight off any single part of your body, you may lose weight everywhere but in your legs. And if your legs lost at little weight, no drug method does concentrate on slenderizing each section of your legs from the hips to the ancies.

IN MANY CASES DOCTORS ADVISE USE OF THIS TECHNIQUE

This progressive scientific method for slender-izing heavy legs is based on the knowledge and experience of the medical profession, physiotherapists and famous body contour experts throughout

the world.
Your heavy flabby legs are usually caused by fatty layers and too much muscle tissue which stretch the muscles of your legs and cause them

stretch the muscles of your legs and cause them to bulge.

To help correct this condition properly, you should try this scientific system planned to concentrate on each section of your legs, help break down fast! layers and extra bulging muscle tissue and help strengthen and normalize the muscle saxe and help strengthen and normalize the muscle tone which makes the contout of the legs more normal, firm, slender and attractive. When each section of the legs has its proper inormal shape, section of the legs has its proper inormal shape, lines which men admire, the flabby thigh sare trimmed down into an attractive contour, tally knees are daintily shaped without putfed-up poughest of fish, the heavy cattle contour, tally seed and the state of the section of the seasy substantial that the seasy su





Look at the firmer, slender curves of her legs now. She writes that the change was apparent even before she finished this method.

BEFORE

Miss B. S. had heavy, flabby legs, was self-conscious because her leas spoiled her entire figure.

> "ALL AROUND GLAMOUR LEGS" HELP WOMEN IN EVERYTHING THEY DO

WOMEN IN VERTTHING THEY DO

Most figure caperts agree that heavy logs spoil an
otherwise shapely figure . while nicely sienderized
ilmbs add an appearance of over-all beauty to even the
just sold man appearance of over-all beauty to even the
part of the body which always shows, glamorous legs
help you look better in any clothes you wear —dresses,
make you a more desirable dance partner and help you
do the latest steps more gracefully. Well-formed, from
tester, body olso tennis, etc. them always are not owner
tester, body olso tennis, etc. them always well as the
form. They help you walk and stand with ease, with the
posture which always wins admiration. Removing exmore, energy for work or play, help lesen fastigue, especially when your job or housework keeps you on
your feet.

TESTED AND PROVEN METHOD REQUIRES ONLY 15 PLEASANT MINUTES A DAY!

15 PLEASANT MINUTES A DAY!
This amazing method has been used by beautiful stage and screen stars, professional models and women in every walk of life. Thousands have gladly paid high, fees this famous expert makes it possible for any women to try his method, requiring only 15 minutes a day, right in the comfort and privacy of her own home at a tiny. You, get the complex saw, starhousance, tilling.

rection of this cost.
You get the complete, essy, step-by-step illustrated
SCIENTIFIC LEG SLENDERIZING TECHNIQUE
Kness, calves, ankles, gaining firmer, stronger legs, improving skin tone and circulation in legs; normal cause
of heavy legs, plus measurement chart for each section
alendering may improve general health. Mail coupon
TODAY!

WRITTEN ABOUT IN LEADING HEALTH MAGAZINE

HEALTH CULTURE asked this authority on legs to write a series of articles on the fundamentals of this method. This magazine rightly believed that their readers should know about this wonderful technique. Many other leading magazines and news-papers have written about the priceless advantages of correct leg contour and strength.

From the Very FIRST DAY You may feel the Stimulating Effects of This Method! SEND NO MONEY!

---- FREE 10-DAY TRIAL COUPON! ---- SEE HOW THIS TECHNIQUE HELPED JUST A FEW OF THE MANY OTHERS!

MODERN METHODS, Dept. FL-117 296 Broadway, New York 7, N. Y.

Rush me the original Home Method for Stenderizing Heavy Legs (in plain wrapper) marked "Personal". If I do not see satisfactory results, I will seturn course for complete refund of my \$1.98.

	Section of the last	
Address		
City	Zone	State

SAVE POSTAGE. Enclose only \$1.98 now and we pay



"Never before have I been able to wear shorts and play suits... Now I get many compliments, thanks to your course. This is what your course did for my stout legs." —Miss S. McN., Closplint, Ky.

"I thought your course was just wonderful It is really the best for acquiring more slender, graceful legs, windows great deeler graceful legs, with your great deel grand evide secomend it to anyone who wants lovelier legs."—Miss A. C., Dremright, Okla.



(Check the Kind of Body YOU Want:) More Powerful Arms Slimmer Waistline and Grip and Hips More Powerful Leg Broader Chest and Muscles Shoulders More Energy, Better More Weight, Solid Complexion, Sleep in All The RIGHT More Restfully PLACES ...and I'll PROVE I Can Make You Over From Head to Foot! IN ONLY 15 MINUTES A DAY YES, it's yours for the asking-the kind of body mant muscle-power in your own God-given body—watch it increase and multiply double-quick into real solid LIVE MUSCLE. YOU want! Just tell me WHERE you need it-and My method—"Dynamic Tension" is so easy! Spend only 15 minutes a day in your own home. From the very start you! Ib so easy! Spend only 15 minutes a day in your own home. From the very start you! Ib almost unconsciously every minute of the day—to BUILD MUSCLE and VITAL-ITY. And you'll be using the method which many great athletes use for keeping in condition for boxing, wrestling, baseball, football, tennis and every other sport. powerful new muscle-make your entire body over into the kind of power house that women admire and respect. Do you want broader shoulders - pounds off your waist and hips - more powerful arms - hand-some legs - a mid-section with solid-as-FREE My Valuable Illustrated 32-Page Book, NOT \$1.00 steel muscle? Just check what you want right in the coupon below. I'll PROVE -NOT 10c-but FREE! you can get it in just 15 minutes a day-right in the privacy of your room. Send now for my 32-page book, describing my famous method-packed with photo-policy and valuable advice. Tells how COU in the control of the c I don't care if you are 15 or 50—skinny or fat. My methods are famous for working FAST—getting RESULTS on skinny run-down bodies—turning flabby skin and bones into SOLID MUSCLE! WHAT'S MY SECRET?

"DYNAMIC TENSION"! That's the ticket! The identical natural method that I myself developed to change my body from the scrawny weakling I was at 17 to my present superman physique! Thousands of fellows are becoming marvelous physical specimens—my way. I give you no gadgets

or contraptions. You simply use the dor-

This book is a real prize, yet I'll send you a copy absolutely FREE. Rush coupon to me personally: CHARLES ATLAS, Dept. 325-D 115 E. 23rd Street, New York 10, N. T.

☐ If under 14 years of age check for Booklet A



LOOK At These RESULTS:	CHARLES ATLAS, Dept. 325-D 115 East 23rd Street, New York 10, N. Y.	
"Have put	Dear Charles a	tlas: Here's the
(normal), 2½ expanded." — F. S., N. Y.	Body & Want:	Send me absolutely l
A THE RESERVE AND A STATE OF	(Check as many as you like)	your famous book showing Tension" can make m
"When I started your Course I weighed only 141. Now weigh 170."—	More Weight—Solid—in The Right Places	32 pages, crammed wi answers to vital question advice No obligation
T. K., N. Y	☐ Broader Chest, Shoulders	Name
(A)	Powerful Arms, Legs, Grip	(Please Print P
"My arms increased 11/2"; chest 21/2;	Slimmer Waist, Hips	Address
forearm 1/a."-		CIA.

